



#KUTRACK  
/KUTRACKANDFIELD  
@KUTRACK  
@KUTRACK

**KANSAS RELAYS | APRIL 18-20, 2024 | ROCK CHALK PARK | LAWRENCE, KAN.**

**Tentative Meet Schedule Thursday, April 18**

**FIELD EVENTS**

TIME	EVENT		GENDER	LOCATION
12:00 p.m.	Hammer Throw		Men	
12:00 p.m.	Pole Vault unseeded		Women	
3:00 p.m.	Pole Vault unseeded		Men	
4:30 p.m.	Hammer Throw		Women	
4:40 p.m.	<b>NATIONAL ANTHEM</b>			

**RUNNING EVENTS**

5:00 p.m.	800m unseeded		Women	
5:20 p.m.	800m unseeded		Men	
5:35 p.m.	1500m unseeded		Women	
6:00 p.m.	1500m unseeded		Men	
6:20 p.m.	3000 Steeplechase	<b>Final</b>	Women - unseeded	
6:35 p.m.	3000 Steeplechase	<b>Final</b>	Men - unseeded	
6:50 p.m.	5000m	<b>Final</b>	Women	
7:30 p.m.	5000m	<b>Final</b>	Men	
8:10 p.m.	10,000m	<b>Final</b>	Women	
8:55 p.m.	10,000m	<b>Final</b>	Men	

**Tentative Meet Schedule Friday, April 19**

**FIELD EVENTS**

TIME	EVENT		GENDER	LOCATION
10:00 a.m.	Javelin		Girls	Infield
10:00 a.m.	High Jump		Boys	
10:00 a.m.	Shot Put		Girls	Outside Ring
10:00 a.m.	Discus		Boys	Outside Ring
11:00 a.m.	Triple Jump		Boys	
11:00 a.m.	Triple Jump		Girls	
12:00 p.m.	Pole Vault		Boys	
1:00 p.m.	Shot Put		Women	Outside Ring
1:30 p.m.	High Jump		Women	
2:30 p.m.	Discus		Men	Outside Ring
2:30 p.m.	Javelin		Women	Infield
3:00 p.m.	Triple Jump		Women	
3:00 p.m.	Triple Jump		Men	
3:30 p.m.	Pole Vault Elite		Women	

**RUNNING EVENTS**

9:00 a.m.	4 Mile Relay	<b>Final</b>	Girls	
9:30 a.m.	4 Mile Relay	<b>Final</b>	Boys	
9:55 a.m.	100m Hurdles	Prelims	Girls	West Straight
9:55 a.m.	100m Hurdles	Prelims	Women	East Straight
10:15 a.m.	110m Hurdles	Prelims	Boys	West Straight
10:15 a.m.	110m Hurdles	Prelims	Men	East Straight
	<b>NATIONAL ANTHEM</b>			
10:35 a.m.	100m	Prelims	Girls	East Straight
10:35 a.m.	100m	Prelims	Boys	West Straight
10:55 a.m.	100m	Prelims	Women	East Straight
10:55 a.m.	100m	Prelims	Men	West Straight
11:15 a.m.	4x800m Relay	<b>Final</b>	Women	
11:30 a.m.	4x800m Relay	<b>Final</b>	Men	
11:45 a.m.	400m	Prelims	Girls	
12:05 p.m.	400m	Prelims	Boys	
12:25 p.m.	200m	Prelims	Women	
12:40 p.m.	200m	Prelims	Men	
12:55 p.m.	3200m Run	<b>Final</b>	Girls	
1:10 p.m.	3200m Run	<b>Final</b>	Boys	
1:25 p.m.	400m Hurdles	Prelims	Women	
1:45 p.m.	400m Hurdles	Prelims	Men	
2:05 p.m.	300m Hurdles	<b>Final</b>	Girls	
2:25 p.m.	300m Hurdles	<b>Final</b>	Boys	
2:45 p.m.	Distance Medley Relay	<b>Final</b>	Girls	
3:18 p.m.	Distance Medley Relay	<b>Final</b>	Boys	
3:45 p.m.	Distance Medley Relay	<b>Final</b>	Women	
4:00 p.m.	Distance Medley Relay	<b>Final</b>	Men	
4:20 p.m.	400m Dash	Prelims	Women	
4:35 p.m.	400m Dash	Prelims	Men	
4:50 p.m.	4x100m Relay	Prelims	Girls	
5:10 p.m.	4x100m Relay	Prelims	Boys	
5:25 p.m.	4x100m Relay	Prelims	Women	
5:35 p.m.	4x100m Relay	Prelims	Men	
5:45 p.m.	800m Run	<b>Final</b>	Girls	
6:00 p.m.	800m Run	<b>Final</b>	Boys	



#KUTRACK  
/KUTRACKANDFIELD  
@KUTRACK  
@KUTRACK

**KANSAS RELAYS | APRIL 18-20, 2024 | ROCK CHALK PARK | LAWRENCE, KAN.**

**Tentative Meet Schedule Friday, April 19 Continued ...**

6:15 p.m.	2000m Steeplechase	<b>Final</b>	Girls
6:25 p.m.	2000m Steeplechase	<b>Final</b>	Boys
6:40 p.m.	4x400m Relay	Prelims	Women
7:00 p.m.	4x400m Relay	Prelims	Men
7:20 p.m.	4x400m Relay	Prelims	Girls
8:10 p.m.	4x400m Relay	Prelims	Boys

**Tentative Meet Schedule Saturday, April 20**

**FIELD EVENTS**

TIME	EVENT	GENDER	LOCATION
9:00 a.m.	Javelin	Boys	
9:00 a.m.	Long Jump	Girls	
9:00 a.m.	Long Jump	Boys	
10:00 a.m.	High Jump	Girls	
10:00 a.m.	Shot Put	Boys	Outside Ring
10:00 a.m.	Discus	Girls	Outside Ring
12:00 p.m.	Pole Vault	Girls	
12:30 p.m.	Javelin	Men	Infield
12:30 p.m.	Long Jump	Women	
12:30 p.m.	Long Jump	Men	
1:00 p.m.	Shot Put	Men	
1:00 p.m.	Discus	Women	
1:30 p.m.	High Jump	Men	
3:30 p.m.	Pole Vault Elite	Men	

**RUNNING EVENTS**

9:00 a.m.	Sprint Medley Relay	<b>Final</b>	Girls
9:20 a.m.	Sprint Medley Relay	<b>Final</b>	Boys
9:40 a.m.	4x200m Relay	<b>Final</b>	Girls
9:55 a.m.	4x200m Relay	<b>Final</b>	Boys
10:10 a.m.	4x800m Relay	<b>Final</b>	Girls
11:00 a.m.	4x800m Relay	<b>Final</b>	Boys

**NATIONAL ANTHEM**

11:30 a.m.	4x100m Sunflower Showdown	<b>Final</b>	Girls
11:35 a.m.	4x100m Sunflower Showdown	<b>Final</b>	Boys
11:39 a.m.	4x100m Relay	<b>Final</b>	Girls
11:43 a.m.	4x100m Relay	<b>Final</b>	Boys
11:47 a.m.	4x100m Relay	<b>Final</b>	Women
11:51 a.m.	4x100m Relay	<b>Final</b>	Men
11:55 a.m.	1500m	<b>Final</b>	Women
12:02 p.m.	1500m	<b>Final</b>	Men
12:08 p.m.	100m Hurdles	<b>Final</b>	Girls
12:11 p.m.	100m Hurdles	<b>Final</b>	Women
12:17 p.m.	110m Hurdles	<b>Final</b>	Boys
12:22 p.m.	110m Hurdles	<b>Final</b>	Men
12:30 p.m.	400m	<b>Final</b>	Girls
12:33 p.m.	400m	<b>Final</b>	Boys
12:36 p.m.	400m	<b>Final</b>	Women
12:39 p.m.	400m	<b>Final</b>	Men
12:42 p.m.	100m	<b>Final</b>	Girls
12:45 p.m.	100m	<b>Final</b>	Boys
12:48 p.m.	100m	<b>Final</b>	Women
12:51 p.m.	100m	<b>Final</b>	Men
12:54 p.m.	800m	<b>Final</b>	Women
12:59 p.m.	800m	<b>Final</b>	Men
1:06 p.m.	400m Hurdles	<b>Final</b>	Women
1:10 p.m.	400m Hurdles	<b>Final</b>	Men
1:13 p.m.	1600m	<b>Final</b>	Girls
1:50 p.m.	1600m	<b>Final</b>	Boys
2:23 p.m.	200m	<b>Final</b>	Women
2:26 p.m.	200m	<b>Final</b>	Men

**OFFICIALS/VOLUNTEERS RECOGNITION**

2:45 p.m.	3000 Steeplechase	<b>Final</b>	Women
3:00 p.m.	3000 Steeplechase	<b>Final</b>	Men

**\*ROLLING SCHEDULE AFTER THE FIRST SECTION OF THE 4X4 RACES\***

3:10 p.m.	4x400m Relay Sunflower Showdown		Girls
	4x400m Relay Sunflower Showdown		Boys
	4x400m Relay	<b>Final</b>	Girls
	4x400m Relay	<b>Final</b>	Boys
	4x400m Relay	<b>Final</b>	Women
	4x400m Relay	<b>Final</b>	Men
	4x400m Relay	<b>Final</b>	Invitational Women
	4x400m Relay	<b>Final</b>	Invitational Men